



# Southold Mothers' Club

Serving Our North Fork Children

[www.southoldmothers.org](http://www.southoldmothers.org)

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*Look what's coming in 2010*

Bunny Breakfast -- March 28th, Sunday  
Toy & Book Sale – April 24th, Saturday  
Yard Sale – May 29th, Saturday (Memorial Day Weekend)  
Relay for Life – June 5th, Saturday  
Children's Festival – July 18th, Sunday  
Auction – August 26th, Thursday  
Craft Booth – October, date to be determined  
Thanksgiving Food Drive – Week of November 15th

January 2010

## Board of Directors 2010

### President

Stephanie Villani  
(631) 298-4036  
(516) 383-3143

bluemoonfish@optonline.net

### Co-Directors

Mary Grace Steinfeld  
marygraceef@yahoo.com

Linda Stavrinis  
cynderella205@aol.com

### Treasurer

Gabriela Samolewski  
groovychick@blueemail.ch

### Recording Secretary/Mailings

Kathleen Helinski  
kat1grace2@aol.com

### Membership Secretary

Angela Ohlbaum  
Amohlbaum@aol.com

### Events

Tonya Kaiser-Witzak  
tonya@nfcparty.com

Sally Zugmeyer  
sallyzugmeyer@yahoo.com

### New Moms Group

Beth Winter  
bethmonique@hotmail.com

### Newsletter

Amy Bennett  
izzyq@optonline.net

### Support

Nicci Fitzgerald  
niccifitz@yahoo.com

Michelle Weir  
mtweir@hotmail.com

### Web Liaison

Amy Doering  
doeringamyb@yahoo.com

### Membership Info

To become a member please send \$25 to receive a mailed copy of our monthly newsletter (\$20 for email newsletter only); If joining between July & December, send \$12.50 to:

*Southold Mothers' Club*  
PO Box 1133  
Cutchoque, NY 11935-0872

Please include your phone number and e-mail address.

# Director's Message

Happy New Year, everyone! It's hard to believe that another year has gone by. The kids all look so grown up (and I'm sure we look older too, unfortunately!). At least the holiday craziness is behind us and it's time to think about a fresh new start.

We are looking forward to a year of great SMC activities for kids and families alike. Please see our 2010 calendar of events for dates of major SMC happenings. Not only do we hope you mark the dates on your calendar, but please consider volunteering for an event or two. Putting on this many events takes a great deal of time and effort, and we are always looking for help in any capacity, no matter how small!

We have a few changes to our Board of Directors this year; several members will be leaving the Board after finishing out their terms: Tina Ruschin and Maribeth Mundell Kavajian as our events ladies, Mary Motto Kalich as our treasurer, and Kelly Eddinger as our newsletter designer. Thank you so much for your service!

At our January 4th general meeting we will be voting in the new Board of Directors. Following is the slate for 2010:

President:	Stephanie Villani
Co-Directors:	Linda Stavrinis, Mary Grace Steinfeld
Treasurer:	Gabriela Samolewski
Mailings/Recording Secretary:	Kathleen Helinski
Membership Secretary:	Angela Ohlbaum
Events:	Tonya Kaiser-Witzak, Sally Zugmeyer
New Moms' Group:	Beth Winter
Newsletter:	Amy Bennett
Support:	Nicci Fitzgerald, Michelle Weir
Web Liaison:	Amy Doering

Please note that all members are encouraged to come to the general meeting on January 4th at 7 pm at my house. Please RSVP to me at bluemoonfish@optonline.net.

We have a number of fun events scheduled for January, such as a potluck Moms' Night Out at Maria Garrett's house in Mattituck, a visit to the new Safari Jungle in Riverhead (who are offering us a free lunch!), a \$5 class at Flip Flop Gymnastics, and a tai chi class – a chance for busy moms to relax!

Hope to see you at some of our events this month; as always, suggestions for events are welcome!

*Stephanie Villani*

## SMC Member Profile

### Nancy Langmack

Hi, my name is Nancy Langmack. I live with my husband, Eric, and son, Henry, in New Suffolk. Eric and I both grew up in Cedar Rapids, Iowa and have known each other since elementary school. Before moving to Long Island, we lived in Kansas City and both worked for large companies. We vacationed on the North Fork every year and it was a dream come true to be able to live out here, and has been a very nice change of pace. We have enjoyed meeting lots of wonderful people on the North Fork, including the fabulous women and kids in SMC! The friends I have met in SMC have really kept me going on the toughest days. Isn't it great to have good friends!

Eric and I run a company, Peconic Bay Originals, which sells fine art prints and cards. We sell our cards and prints to a number of gift shops, card shops, and home stores in the area and up and down the Atlantic seaboard. Eric, who has a finance background, also works as a "CFO for hire" for other small companies in his spare time.

Henry is two years old and is a sweet, friendly guy who is continually on the move. We are enjoying every minute of raising him. The name "Henry" means "ruler of the home", which seems to be increasingly appropriate as he enters full-blown toddlerhood! Henry loves the alphabet, counting, music, and has a great sense of humor. His favorite characters are Little Bear, Clifford, and Curious George.

In my free time (if any!), I love working out, beach walks, shell collecting, and gardening. If I haven't met you yet, I hope to do so at an upcoming event. Best wishes to all for the new year!



SMC is going GREEN!

There is a new membership option for 2010. Opt to get only an email newsletter each month and not a physical mailing and save \$5.

Welcome  
New Member:

Danielle Jacobs-Erwin

## Happy Birthday!

### Children

Logan Batyr - 3  
Hayley Brigham - 10  
Nicholas Dechiaro - 5  
Colin Fitzgerald - 3  
Michael Garrett - 4  
Delaney Hudock - 6  
Micky Kalich - 6  
Lucas Kohl - 2  
Gabriel Mollica - 14  
Olivia Ohlbaum - 3  
Joe Piscatello - 4  
Alexis Stavrinis - 5  
Jacob Steinfeld - 3  
Joseph Trapani - 3  
Clark Vines - 9



### Moms

Maureen Eicholz 1/19  
Mary Vines 1/22  
Tonya Kaiser-Witzak 1/26  
Christine Klipstein 1/30  
Vicki Trapani 1/31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January					1 Happy New Year!	2
3 Toddler Playgroup 10:30 a.m.	4 Board Meeting 7 p.m.	5	6 New Moms 10 a.m.	7 Toddler Playgroup 10 a.m.	8	9 New Moms 10:30 a.m.
10	11 Book Club 7:00 p.m.	12 Mom's Night Out 7:00 p.m.	13 New Moms 10 a.m.	14 Toddler Playgroup 10 a.m.	15	16
17	18	19 Gymnastics 10:00 a.m.	20 Safari Adventure 12:30 p.m. New Moms 10 a.m.	21 Toddler Playgroup 10 a.m.	22 Qi Gong/Tai Chi 7:00 p.m.	23
24/31	25	26	27 Atlantis 10:00 a.m. New Moms 10 a.m.	28 Toddler Playgroup 10 a.m.	29	30

- Sun Jan 3 Toddler Playgroup at Mary Grace's house in New Suffolk 10:30 - 11:30am Any questions, call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Mon Jan 4 Board Meeting at Stephanie's, 1735 Breakwater Road, Mattituck, 7:00pm. Come see the inner workings of the SMC! Bring Food, Make Friends!! RSVP to Stephanie at Bluemoonfish@optonline.net
- Wed Jan 6 New Mom's Playgroup. 10:00-11:00 Southold Library Community Room. Any questions, email Beth at bethmonique@hotmail.com
- Thurs Jan 7 Toddler Play Group at Cutchogue - New Suffolk Library, 10 - 11:30am, Any Questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Sat Jan 9 New Mom's Play Date @ Sally's house, 290 Custer Avenue Southold, 10:30am, RSVP to Sally 765 - 8196 or sallyzugmeyer@yahoo.com.
- Mon Jan 11 Book Club meets at Jen Volosik's house, 7pm. Book to be discussed is Tara Road by Maeve Binchy. February's book is Sarah's Key by Tatiana DeRosnay. Questions Contact Lori Rosato at lrosato3@yahoo.com
- Tues Jan 12 Mom's Night Out - Pot Luck Dinner at Maria's House, 900 Harvest Lane, Mattituck, 7pm. Please RSVP to Maria at 298-7281 or mgarrett@nssa.net
- Wed Jan 13 New Mom's Playgroup. 10:00-11:00 Southold Library Community Room. Any questions, email Beth at bethmonique@hotmail.com
- Thurs Jan 14 Toddler Play Group at Cutchogue - New Suffolk Library, 10 - 11:30am, Any Questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Tues Jan 19 Moms & Kids Gymnastic Class, Flip Flop Gymnastics, 381 Old Riverhead Rd, Westhampton Beach, 10:00 am, \$5. Classes are 45 minutes each. RSVP REQUIRED to Tonya at Tonya@nfcparty.com
- Wed Jan 20 Safari Adventure Indoor Play, 1074 Pulaski Street (entrance on Columbus Avenue), Riverhead, 12:30 pm, \$6/child 0-35 months; \$12/child over 3. Free lunch and \$25 discount for any party booked that day. RSVP to Tonya at Tonya@nfcparty.com
- Wed Jan 20 New Mom's Playgroup. 10:00-11:00 Southold Library Community Room. Any questions, email Beth at bethmonique@hotmail.com
- Thurs Jan 21 Toddler Play Group at Cutchogue - New Suffolk Library, 10 - 11:30am, Any Questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Fri Jan 22 Qi Gong/Tai Chi class with Denise Gillies, Eastern Sun Holistic Health, Feather Hill, Southold, 7-8 pm, Free. RSVP to dengill@optonline.net
- Wed Jan 27 New Mom's Playgroup. 10:00-11:00 Southold Library Community Room. Any questions, email Beth at bethmonique@hotmail.com
- Wed Jan 27 Atlantis Marine World Aquarium visit, 431 East Main Street, Riverhead, 10:00 am. Check website for costs, coupons, membership prices (www.atlantismarineworld.com). Any questions call or email Mary Grace at 734-2183 or marygraceef@yahoo.com
- Thurs Jan 28 Toddler Play Group at Cutchogue - New Suffolk Library, 10 - 11:30am, Any Questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com