



# Southold Mothers' Club

Serving Our North Fork Children

[www.southoldmothers.org](http://www.southoldmothers.org)

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January 2011



THANK YOU THANK YOU THANK YOU!

We dropped off all of the fantastic gifts the SMC collected for Alternatives for Children and they were so thankful. Because of your generosity we were able to provide a fantastic Christmas to three families in need. It's a true testament to the wonderful mothers and families we have in our group and a fitting way to show our children the true meaning of this holiday season.

## Board of Directors 2011

**Director**  
Linda Stavrinis  
cynderella205@aol.com

**Co-Directors**  
Stephanie Villani  
bluemoonfish@optonline.net

Melissa Dechiaro  
mmelectric2@optonline.net

**Treasurer**  
Gabriela Samolewski  
groovychick@bluemail.ch

**Mailings**  
Indira Schwarting  
anghielinne@aol.com

**Membership Secretary**  
Angela Ohlbaum  
Amohlbaum@aol.com

**Events**  
Beth Morris  
bethanne9@optonline.net

**New Moms Group**  
Kate Fohrkolb  
kharvey15@aol.com

**Working Moms Group**  
Beth Winter  
bethmonique@hotmail.com

**Creative Director**  
Vicki Trapani  
765-5777

**Newsletter Design**  
Amy Bennett  
izzzyq@optonline.net

**Support**  
Nicci Fitzgerald  
niccifitz@yahoo.com  
Michelle Weir  
mtweir@hotmail.com

### Membership Info

To become a member please send \$25 to receive a mailed copy of our monthly newsletter (\$20 for email newsletter only); If joining between July & December, send \$12.50 to:

Southold Mothers' Club  
PO Box 1133  
Cutchoque, NY 11935-0872

Please include your phone number and e-mail address.

# Director's Message

I can't believe two years have passed so quickly; my daughter is about to turn 4 and I have completed two years as director of the Southold Mothers' Club!

When I was pregnant I told my friend and prenatal yoga teacher Jen Conway, "I don't know anyone else who is pregnant or who has young children around here!" She said that I should join the Mothers' Club.....she had been involved in the earlier days of the club and she became such good friends with the other moms that they were now her best friends. Their kids went on to school together and grew up together.

I am happy to report that that is just what happened to me. I have made some wonderful friendships through SMC and Ruby has lots of little friends that she has grown up with....it all came from attending the new moms' playgroup, where we all met.

Personally for me, being involved in SMC has been a wonderful learning experience. I had never served on a board or acted as a director of a group before. I have learned so much from people I have met...other moms, business owners and people in the community. I now know all about setting up and organizing an event for the community, large or small. It has been great to get to know kids and families through doing all kinds of activities here on the North Fork. I have particularly enjoyed working on some of our charitable events.

I am happy to report that my friend and neighbor Linda Stavrinis has agreed to take on the position of Director for 2011. She is a hardworking mom with her own jewelry business, a supportive husband, Jim, and two great kids, Alexis and Nikolas. I know she will do a great job leading SMC through the next two years; she is full of lots of ideas for the future!

If you have never been to one of our events before, please come! If you want to get involved in a particular event or activity, please let us know, we would love to have you! You can volunteer for a particular event, lead a trip to a local business or come to a board meeting...whatever you have time for!

Thank you so much to everyone for your friendship and for your help and support over the past two years, and I look forward to continuing to participate in SMC!

*Stephanie Villani*

### Have unwanted items to regift?

If you received items this holiday season that are not your cup of tea, please consider donating them to SMC for our annual auction.

Contact Vicki Trapani for details: 631-765-5777

## SMC Member Profile

### Cassie Kanz

Hi. I'm Cassie Kanz and I recently Joined the SMC with my 16 month old daughter, Phoebe. I'm originally from Peconic but moved away after graduating from high school. I attended Bowdoin College in Maine and have lived in a variety of places from California to England, but decided that Peconic was where I wanted to return to and raise a family. My husband, Martin Faint, and I moved back here during the summer of 2009 just before Phoebe was born. It is great to be home and closer to my family. I didn't realize how lucky I was to grow up here until I moved away.

Before leaving work to take care of Phoebe I was an ESL teacher in Brownsville, Brooklyn. Before teaching I tried out several different careers, including Park Ranger at Joshua Tree National Park in California. When I wasn't working, I spent a lot of time traveling. I have been to every continent except Antarctica and I still haven't ruled that out as a possibility!

My husband, Martin, is also an ESL teacher. He is originally from England, where he worked as a journalist and moved over here after we got engaged after meeting through a friend in NYC. He currently works at Riverhead High School.



Together we love taking Phoebe out to explore the world. Some of our favorite activities are camping, hiking and spending time in the water. We look forward to taking Phoebe to visit all the amazing National Parks where we love to take our vacations. So far she has been to Yellowstone where she had a blast looking at all the animals and swimming in the rivers.

Martin and I are expecting a baby boy in May, and I am really looking forward to seeing Phoebe interact with her new brother! I am a little nervous about having two children under two at the same time, so wish me luck!

It's that time again.

2011 SMC Membership Dues are \$25. Take a \$5 discount if you opt for newsletters by email only.

### Welcome New Members:

Alisa O'Sullivan  
Lisa Nemschick

## Happy Birthday!

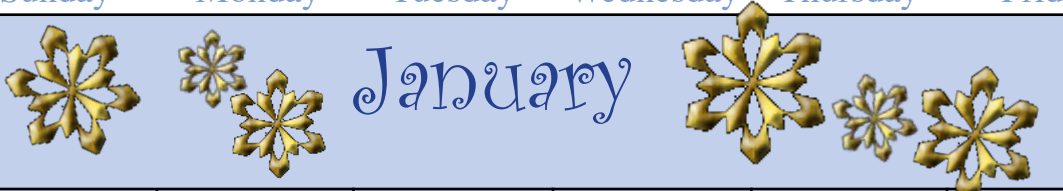

### Children

Logan Batyr - 4  
Galen Kurek Wood - 1  
Nicholas Dechiaro - 6  
Colin Fitzgerald - 4  
Michael Garrett - 5  
Delaney Hudock - 7  
Micky Kalich - 7  
Lucas Kohl - 3  
Aiden Marine - 9  
Olivia Ohlbaum - 4  
Trevor Fitzgerald - 2  
Alexis Stavrinis - 6  
Jacob Steinfeld - 4  
Joseph Trapani - 4  
Victoria Kaiser-Witzak - 6



### Moms

Maureen Eicholz 1/19  
Kathy Driscoll 1/6  
Tonya Kaiser-Witzak 1/26  
Karen Hauser 1/10  
Vicki Trapani 1/31  
Marina Bosworth 1/16  
Susana Guillem Osorio 1/20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">January</h1>						<b>1</b> Happy New Year!
<b>2</b>	<b>3</b>	<b>4</b> Fun n Fitness 10:15 a.m.	<b>5</b>	<b>6</b>	<b>7</b> Fun n Fitness 10:00 a.m.	<b>8</b>
<b>9</b> Tumble Time 11:30 a.m.	<b>10</b> Yoga 10:00 a.m. 2 yr+ Playgroup 9:30 a.m. Book Club 7:00 p.m.	<b>11</b> Fun n Fitness 10:15 a.m.	<b>12</b>	<b>13</b>	<b>14</b> Fun n Fitness 10:00 a.m.	<b>15</b>
<b>16</b> Tumble Time 11:30 a.m.	<b>17</b>	<b>18</b> Fun n Fitness 10:15 a.m. Mom's Night Out 7:00 p.m.	<b>19</b>	<b>20</b> Nursery School Info Meeting 6:30 p.m.	<b>21</b> Fun n Fitness 10:00 a.m.	<b>22</b>
<b>23/30</b> Tumble Time 11:30 a.m.	<b>24/31</b> 2 yr+ Playgroup 9:30 a.m.	<b>25</b> Fun n Fitness 10:15 a.m.	<b>26</b> Safari Adventure 12:30 p.m.	<b>27</b>	<b>28</b> Fun n Fitness 10:00 a.m.	<b>29</b> 

- Sun Jan 9th** Sunday Tumble Time @ Fun n Fitness, Main Road, Southold, 11:30 am - 12:15 pm. Bubbles, foam and mat activities, circle time! Motor skill development activities! RSVP to Terry Walker @ (631) 765-9118.
- Mon Jan 10th** 2year+ Playgroup, Cutchogue/New Suffolk Library, 9:30 am - 11 am. Please contact Beth Morris at bethanne9@optonline.net with any questions.
- Mon Jan 10th** Grow with Me Children's Yoga at Cutchogue Presbyterian Church, Main Road, Cutchogue, 10:00 am - 10:30 am. for ages 2-3 (with caregiver) and 10:45 am - 11:30 am for ages 4-5. Mary Hasel teaches children a fun, creative approach to yoga, helping your children to focus, relax and develop self-control through breathing, visualization, stretching and animated poses. Discounted rates for SMC members, \$7 (ages 2-3) and \$9 (ages 4-5). Please contact Mary @ (516) 807-1580 or rmhasel02@yahoo.com. (Not a strictly SMC event.) This event is held every Monday at times posted.
- Mon Jan 10th** Book club @ 7pm. Book to be discussed is Little Bee by Chris Cleave. Please RSVP to Mara @ mara\_zonderman@world.oberlin.edu and for location information.
- Sun Jan 16th** Sunday Tumble Time @ Fun n Fitness, Main Road, Southold, 11:30 am - 12:15 pm. Bubbles, foam and mat activities, circle time! Motor skill development activities! RSVP to Terry Walker @ (631) 765-9118.
- Tues Jan 18th** Moms' Night Out, FREE fitness class at Arial Fitness, 38 West Main Street, Riverhead, 7:00 p.m. Introduction to arial yoga, body sculpting and meditation. **Please RSVP to Linda @ 433-4946.**
- Thurs Jan 20th** Nursery School Informational Meeting at Mattituck-Laurel Library, 6:30 pm - 7:30 pm. Representatives from local preschools will be available to discuss their philosophy, goals and objectives. (Not a strictly SMC event.) Please contact the library with any questions @ 298-4134.
- Sun Jan 23rd** Sunday Tumble Time @ Fun n Fitness, Main Road, Southold, 11:30 am - 12:15 pm. Bubbles, foam and mat activities, circle time! Motor skill development activities! RSVP to Terry Walker @ (631) 765-9118.
- Mon Jan 24th** 2year+ Playgroup, Cutchogue/New Suffolk Library, 9:30 am - 11 am. Please contact Beth Morris at bethanne9@optonline.net with any questions.
- Wed Jan 26th** Safari Adventure, 1074 Pulaski Street, Riverhead, 12:30 pm. Reduced admission for SMC members and 8 free tokens! Let kids release some of that energy! Lunch & refreshments available but not included. No RSVP necessary.
- Sun Jan 30th** Sunday Tumble Time @ Fun n Fitness, Main Road, Southold, 11:30 am - 12:15 pm. Bubbles, foam and mat activities, circle time! Motor skill development activities! RSVP to Terry Walker @ (631) 765-9118.
- Mon Jan 31st** 2year+ Playgroup, Cutchogue/New Suffolk Library, 9:30 am - 11 am. Please contact Beth Morris at bethanne9@optonline.net with any questions.

We currently do not have a New Moms playgroup scheduled for this month.  
 If you should be interested in a New Moms group please contact Kate Fohrkolb @ kharvery15@aol.com

Every Tuesday at 10:15am and every Friday at 10:00am Open Play at Fun n Fitness in Southold. No registration is necessary.  
 Price is \$6.00 for SMC Members. 2nd child is \$3.00 additional. Questions, contact Terry Walker at 765 - 9118.