



Southold Mothers' Club

Serving Our North Fork Children

www.southoldmothers.org

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SMC's 2nd Annual Bagels with the Bunny



Saturday, March 27th
9 am to 12 noon
Peconic Recreation Center



Bring the whole family and join us for bagels, donuts, coffee and juice!
Meet the Easter Bunny! Easter Egg Hunt, 50/50 raffle and more!

Admission -- Adults \$ 5, Children \$ 3
Please RSVP to Cindy Agosta at 4-77-6406 or Rustyteach@optonline.net

March 2010

Board of Directors 2010

President

Stephanie Villani
(631) 298-4036
(516) 383-3143

bluemoonfish@optonline.net

Co-Directors

Mary Grace Steinfeld
marygraceef@yahoo.com

Linda Stavrinis
cynderella205@aol.com

Treasurer

Gabriela Samolewski
groovychick@bluemail.ch

Recording Secretary/Mailings

Kathleen Helinski
kat1grace2@aol.com

Membership Secretary

Angela Ohlbaum
Amohlbaum@aol.com

Events

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Sally Zugmeyer
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New Moms Group

Beth Winter
bethmonique@hotmail.com

Newsletter

Amy Bennett
izzzyq@optonline.net

Support

Nicci Fitzgerald
niccifitz@yahoo.com

Michelle Weir
mtweir@hotmail.com

Web Liaison

Amy Doering
doeringamyb@yahoo.com

Membership Info

To become a member please send \$25 to receive a mailed copy of our monthly newsletter (\$20 for email newsletter only); If joining between July & December, send \$12.50 to:

Southold Mothers' Club
PO Box 1133

Cutchogue, NY 11935-0872

Please include your phone number and e-mail address.

Director's Message

We just celebrated a toddler birthday in our house...Ruby turned 3 and the celebration went on for about a week -- one party with the grandparents and another one with friends -- balloons and presents everywhere! She is so happy and proud to be "a big girl!" I guess it is true what everyone says, that time goes by so quickly. I have a clear memory of holding up a pair of Ruby's tiny pants, size 9 months, and saying to myself, "They seem so big, how will she ever fit into them?"

This month we have a number of fun events, culminating with our second annual "Bagels with the Bunny" event. We tentatively have a visit to the Martha Stewart Show, taped in Manhattan, scheduled. We have events at Chuck E Cheese in Patchogue, cardio kickboxing for moms, a St. Patty's day party for toddlers, a gymnastics event at Riverside Gymnastics, and the first stroller walk of the season! Thank you to Sally and Tonya, our events ladies, who do such a great job every month, and to Mary Grace and Beth, who host the weekly new moms and toddler groups respectively.

Please join us at the Peconic Rec Center for "Bagels with the Bunny," a really fun event that we first put together last year. We decided to do a smaller breakfast this year....instead of eggs and pancakes there will be donuts, bagels, juice and coffee. The kids will be able to meet the Easter Bunny and take their own photos with him (free), enjoy a big Easter egg hunt as well as a raffle and a "guess the number of jellybeans" contest. Cost is \$5/adults and \$3/children. Please bring friends and family....this is a really fun event with lots for the kids to do and a nice chance for families to get together. We will send out an evite to get a count of those attending; you can respond via the evite or RSVP to Cindy Agosta, the event chair, at 477-6406 or Rustytech@optonline.net.

I would like to take this opportunity to invite any of our members to the monthly board meetings or the planning meetings we have for upcoming events. We have a busy year planned with some really nice events coming up and we would be happy to have you join us. Please come have a glass of wine with us at a board meeting and put in your two cents about our plans!

We are always in need of volunteers for upcoming events....even helping out for an hour or so with setup or cleanup would be appreciated. Our events through the spring and summer are a toy and book sale in April, a yard sale in May, Relay for Life in June, our big Children's Festival in July, and the SMC Auction in August. If you have some time to get involved, it is a nice way to meet some of the SMC moms and families and have a good time participating. Hope to see you at our events and have a wonderful Spring!

Stephanie Villani

SMC Next board meeting is March 15th at 7:00 p.m.

The following is a proposed amendment to the SMC bylaws and will be voted on by all attending that meeting.

"Any person wishing to sell products or services at an official SMC "Mom's Night Out" which is listed on our monthly calendar, must agree to pay SMC either \$100 or 10% of profits made that night."

SMC Member Profile

Erika Wood-Heidemann

My name is Erika Wood-Heidemann. I live in Greenport with my husband Mark and our six month old daughter Sophie. I'm originally from Yellow Springs, Ohio and Mark is from Darien, CT. We met at Long Island University, Southampton Campus in 1989. Ours is a long history, but we're still technically newlyweds. We'll be celebrating our second wedding anniversary this coming June. Sophie is our first child and we couldn't be happier. She is the light of our lives and she brings us a lot of laughs and a lot of joy. We're sleep deprived for sure, but it's all worth it. And as I've discovered since she was born, time is flying by.



I've had too many jobs to list here, but for the last few years before and during my pregnancy I was working at JET's Dream in Greenport. It was a fun and flexible job, and I liked it a lot, but since Sophie's birth I have been a stay-at-home Mom, and I hope to continue to be for at least the bulk of her pre-school years. To be honest, pregnancy and motherhood was always something I feared, and something I didn't really know whether I wanted or not, but I'm so happy I've chosen to take this path. We had Sophie at home with the help of a midwife and a doula and it was one of the best and most rewarding experiences of my life.

As first-time parents, Mark and I both feel that we want to offer Sophie as rich and diverse a life that we can, and so I'm grateful that the SMC exists because I really look forward to participating in the varied events offered and meeting lots of new friends. I am open to seeing what's out there and I love to try new things. I've already enjoyed some of the new mom's play dates, the mom's night out, and the holiday party, as well as the free Tai Chi class that was recently offered. I like the fact that there are events for all ages, so that as we grow into the toddler years, we have even more opportunities for fun and learning.

Happy spring everyone! I hope to meet many of you this year.

SMC is collecting gently used toys and children's books for our upcoming Toy and Book Sale, Saturday, April 24th. Please contact Linda Stavrinis at 631-433-4946 for more information.

WELCOME TO OUR NEWEST MEMBERS!

Cori Pearsall
Susana Guillemosorio
Staci Dunbar
Anghielinne Schwarting

REMINDER! SMC Yearly Dues for 2010 are due now!

Please send a check for \$20 (for email newsletter only) or \$25 (for email and a hard copy of the newsletter mailed to you) to SMC, P.O. Box 1133, Cutchogue, NY 11935.

Any questions, please contact our membership secretary, Angela Ohlbaum, at amohlbaum@aol.com. Your membership fee funds weekly events, printing the newsletter, maintaining our website and donating to the community. Thank you!



Children

Gage Bennett - 11
Owen Klipstein - 11
Evelyn Kennedy - 10
Hudson Kaufer - 7
Bobby Doering - 5
Isabella Abeles - 4
Natalia Abeles - 4
Evan Maskiell - 4
Leah Weir - 4
Lea Rodger - 1
Ben Schaeffler - 6
Nathaniel Stevenson - 4
Tyler Olsen - 9
Aidan Crowley - 7
Quincy Greene - 6
William Helinski - 3
Julia Dechiaro - 3
Nikolas Stavrinis - 3
Max Gajowski - 2
Henry Blair - 1
Lucie Showalter - 10
Brendan Mullen - 5
Flynn Klipstein - 4

Moms

3/3 Jen Cardi
3/22 Lynette Crowley
3/28 Nancy Piscatello
3/28 Danielle Rodger
3/29 Lisa Luhrs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 New Moms 10 a.m. Chuck E Cheese 11 a.m.	4 Toddler Playgroup 10:30 a.m.	5 Fun N Fitness 10 a.m.	6
7 Toddler Playgroup 10:30 a.m.	8	9 Fun N Fitness 10:15 a.m. Mom's Night Out 7:30 p.m.	10 New Moms 10 a.m. Book Club 7:00 p.m.	11 Toddler Playgroup 10:30 a.m. Gymnastics 11:45 a.m.	12 Fun N Fitness 10 a.m. Kickboxing 6:00 p.m.	13 New Moms 10:30 a.m.
14	15 SMC Board Mtg 7:00 p.m.	16 Fun N Fitness 10:15 a.m. Craft 10:30 a.m.	17 New Moms 10 a.m.	18 Toddler St Patty Day Party 10:30 a.m.	19 Fun N Fitness 10 a.m.	20
21	22	23 Fun N Fitness 10:15 a.m. Safari Adventure 12:30 p.m.	24 New Moms 10 a.m.	25 Toddler Playgroup 10:30 a.m.	26 Fun N Fitness 10 a.m.	27 Bagels with the Easter Bunny 9:00 a.m.
28	29	30 Fun N Fitness 10:15 a.m.	31 Atlantis Marine 10 a.m. Stroller Walk 11:30 a.m.	 March 		

- Wed Mar 3rd New Mom's Playgroup, Southold Library Community Room, 10:00am - 11:00am No RSVP Necessary
- Wed Mar 3rd Chuck E Cheese Event, 11:00am, Join SMC members at the Patchogue Chuck E Cheese! Bring your coupons from the newspaper and meet at Chuck E Cheese. Contact Mary Grace at 734 - 2183 or email marygraceef@yahoo.com.
- Thurs Mar 4th Toddler Playgroup, Cutchogue - New Suffolk Library, 10:30am - 12:00pm, and any questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Sun Mar 7th Weekend Mom's Playgroup, 10:30am, Contact Mary Grace at 734 - 2183 or marygraceef@yahoo.com for location.
- Tues Mar 9th Mom's Night Out, 7:30pm, Dinner at A Mano in Mattituck, Ladies Night - get a glass of wine free with dinner. Prix fix menu \$25.00 (after tax & tip approx. \$33) Please RSVP to Stephanie at bluemoonfish@optonline.net by Mar 6th.
- Wed Mar 10th Book Club Meeting - *The Help* by Kathryn Stockett at Liz Hudock's house, 7:00pm. Next month's book is *The Reliable Wife* by Robert Goolrick. Questions Contact Lori Rosato at Lrosato3@yahoo.com.
- Wed Mar 10th New Mom's Playgroup, Southold Library Community Room, 10:00am - 11:00am No RSVP Necessary
- Thurs Mar 11th Toddler Playgroup, Cutchogue - New Suffolk Library, 10:30am - 12:00pm. Any questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Thurs Mar 11th Gymnastics at Riverside Gymnastics, 11:45am. Come to SMC member Bonnie Tellez's second home and bounce around with the kids to work out some of those winter blues! \$10.00 per child RSVP to Tonya@nfcparty.com.
- Fri Mar 12th Cardio Kickboxing, Family Fitness Center - Mattituck, 6:00pm - 7:00pm, Come try an exercise class, to get you ready for bathing suit season Special SMC price \$5.00/person. Questions contact Sonoma Obinata at sonomio@mac.com.
- Sat Mar 13th New Mom's Playgroup, Sally Zugmeyer's House, 10:30am. RSVP to Beth at bethmonique@hotmail.com
- Mon Mar 15th Board Meeting at Mary Grace's House, 7:00pm. Come see the inner workings of the SMC! Bring Food, Make Friends!! RSVP to marygraceef@yahoo.com.
- Tues Mar 16th St. Patrick's Craft, Mattituck Library 10:30am, RSVP to Linda at cynderella205@aol.com.
- Wed Mar 17th New Mom's Playgroup, Southold Library Community Room, 10:00am - 11:00am No RSVP Necessary
- Thurs Mar 18th Toddler St. Patty's Day Party, Cutchogue - New Suffolk Library, 10:30 - 12:00 Noon. Come all little lucky leprechauns and dress up in your best green attire. Dance & Laugh at the top of the morning celebrating St. Patrick's Day (one day late) Any questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Tues Mar 23rd Safari Adventure Riverhead Indoor Play, 1074 Pulaski St, (Entrance on Columbus Ave) Riverhead, 12:30 pm, SMC will have a party room. \$4.00 per child 0-35 months, \$10.00 child over 3 years old. Price is special for SMC Members, includes 8 tokens. RSVP to tonya@nfcparty.com.
- Wed Mar 24th New Mom's Playgroup, Southold Library Community Room, 10:00am - 11:00am No RSVP Necessary
- Thurs Mar 25th Toddler Playgroup, Cutchogue - New Suffolk Library, 10:30am - 12:00pm, and any questions call or email Mary Grace at 734 - 2183 or marygraceef@yahoo.com
- Sat Mar 27th 2nd Annual Bagels with the Bunny, 9 am to 12 noon, Peconic Recreation Center, \$5/adults, \$3/children. Join us for bagels, donuts, coffee and juice! Easter Egg Hunt, meet the Easter Bunny, 50/50 raffle and more! RSVP to Cindy Agosta at 631-477-6406 or Rustyteach@optonline.net.
- Wed Mar 31st Spend the day at Atlantis Marine World Aquarium, 431 East Main St, Riverhead 10:00am. Check Atlantis website for costs, coupons or membership prices. (www.atlantismarineworld.com) Any Questions? Call or email Mary Grace at 734-2183 or marygraceef@yahoo.com
- Wed Mar 31st Stroller Walk - Jean Cochran Park, 11:30am Weather Permitting, RSVP to Bethmonique@hotmail.com.

Every Tuesday at 10:15am and every Friday at 10:00am Open Play at Fun n Fitness in Southold. No registration necessary, \$6.00 for SMC Members. 2nd child is \$3.00 additional. Questions, contact Terry Walker at 765 - 9118.